

**DCBID**  
**LUNCH MENU - March 2020**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p style="text-align: center;"><b><u>Baked Chicken Drumsticks</u></b></p> <p>Chicken Drumsticks 2 oz WG Mac and Cheese 1/2 cup Collard Greens 1/2 cup WG Corn Muffin 2 oz Apple</p>	<p style="text-align: center;"><b><u>Hamburger</u></b></p> <p>Hamburger 3oz WG bun 2oz Carrots 1/2 cup Plum 1/2 cup</p>	<p style="text-align: center;"><b><u>Ranch Chicken</u></b></p> <p>Ranch Chicken 4 oz WG Cous Cous 1/2 cup Chef Cut Vegetables 1/2 cup WG Biscuit 2oz Banana 1/2 cup</p>	<p style="text-align: center;"><b><u>Turkey Meatsauce</u></b></p> <p>Turkey Meat sauce Whole Grain Penne 1/2 cup Green Beans 1/2 cup WG Dinner roll 1oz Pear 1/2 cup</p>	<p style="text-align: center;"><b><u>Herb Crusted Fish</u></b></p> <p>Herb Crusted Cod 3 oz Egg Noodles 1/2 cup Butternut Squash 1/2 cup WG Dinner roll 1oz Orange 1/2 cup</p>
9	10	11	12	13
<p style="text-align: center;"><b><u>Chicken Parmigiana</u></b></p> <p>Breaded chicken 3oz Marinara 2oz &amp; Cheese 1oz WG Penne 1/2 cup Green beans 1/2 cup WG dinner roll 1oz Apple 1/2 cup</p>	<p style="text-align: center;"><b><u>Turkey Burger</u></b></p> <p>Turkey Burger 3oz WG Bun 2oz Sweet Potato Fries 1/2 cup Plum 1/2 cup</p>	<p style="text-align: center;"><b><u>Taco salad</u></b></p> <p>Taco beef 2oz Cheese 0.5oz Tossed Salad Mix 1 cup WG Tortilla chips 2oz Taco sauce 2pkts Banana 1/2 cup</p>	<p style="text-align: center;"><b><u>Meatball Subs</u></b></p> <p>Meatballs 3 oz Marinara 1 oz WG Sub Roll, Parm Cheese Succolash 1/2 cup Pear 1/2 cup</p>	<p style="text-align: center;"><b><u>Salmon Cakes</u></b></p> <p>Salmon cakes 4oz Rosemary potatoes 1/2 cup Vegetable Medley 1/2cup WG Corn muffin 2oz Orange 1/2 cup</p>
16	17	18	19	20
<p style="text-align: center;"><b><u>Country Fried chicken steak</u></b></p> <p>Chicken 3 oz Roasted Potatoes 1/2 cup Fall Vegetable Medley 1/2 cup WG Corn muffin 2oz Apple 1/2 cup</p>	<p style="text-align: center;"><b><u>Hot dogs</u></b></p> <p>All beef hotdog 3oz WG bun 2oz Carrots 1/2 cup Baked beans 1/2 cup Ketchup/mustard 1ea Plum 1/2 cup</p>	<p style="text-align: center;"><b><u>Orange Chicken</u></b></p> <p>Orange chicken 4oz WG Fried rice 1/2 cup Broccoli 1/2 cup WG dinner roll 1oz Banana 1/2 cup</p>	<p style="text-align: center;"><b><u>Sloppy Joe's</u></b></p> <p>Sloppy Jor 3oz WG Bun 2oz Chef cut vegetables 1/2 cup Tater tots 1/2 cup Pear 1/2cup</p>	<p style="text-align: center;"><b><u>Breaded Fish Patty</u></b></p> <p>Fish patty 3oz Winter Vegetable blend 1/2 cup Potato wedges 1/2 cup WG Buns 2oz Orange 1/2 cup</p>
23	24	25	26	27
<p style="text-align: center;"><b><u>Grilled Chicken Sandwich</u></b></p> <p>Grilled Chicken 2 oz Sweet Potato Fries 1/2 cup Cauliflowers 1/2 cup Whole Grain Bun 2 oz Apple 1/2 cup</p>	<p style="text-align: center;"><b><u>Swedish Meatballs</u></b></p> <p>Meatballs w/ gravy 3oz Egg Noodles 1/2 cup Broccoli 1/2 cup WG biscuit 2oz Plum 1/2 cup</p>	<p style="text-align: center;"><b><u>Chef Salad</u></b></p> <p>Hardboiled egg, turkey, cheese Tossed salad mix 1-cup WG Biscuit 2oz Salad dressing 2 pkts Banana 1/2 cup</p>	<p style="text-align: center;"><b><u>Salisbury Steak</u></b></p> <p>Salisbury Steak 3 oz Mashed Potatoes 1/2 cup Green Beans 1/2 cup Whole Grain Roll 1 oz Pear 1/2 cup</p>	<p style="text-align: center;"><b><u>Pizza</u></b></p> <p>WG Pizza 3 oz Marinara 3 oz, Cheese 1 oz Tossed Salad 1/2 cup Orange 1/2 cup</p>
30	31			
<p style="text-align: center;"><b><u>Baked Chicken Drumsticks</u></b></p> <p>Chicken Drumsticks 2 oz WG Mac and Cheese 1/2 cup Collard Greens 1/2 cup WG Corn Muffin 2 oz Apple 1/2 cup</p>	<p style="text-align: center;"><b><u>Beef w/ Broccoli</u></b></p> <p>Julienne Beef 3 oz Brown Rice 1/2 cup Broccoli 1/2 cup WG Dinner Roll 2 oz Plum 1/2 cup</p>			
100% Juice or Milk served with all meals		Snack served with all meals		